

GAMBLING-RELATED ATTITUDES AND BEHAVIOURS IN THE ACT

In 2019

80%

of ACT adults had
been to a club in
the ACT which had
gaming machines

Of the ACT adult population...

- ▶ 71% were supportive of a pre-commitment scheme in gambling venues
- ▶ 49% believed the maximum bet limit on pokies should be changed, the mean endorsed limit was \$8
- ▶ 49% believed that the EFTPOS withdrawal limit should be changed, the mean endorsed limit was \$192
- ▶ 46% believed that the limit for ATMs should be changed, the mean endorsed limit was \$165

Emerging gambling-related activities

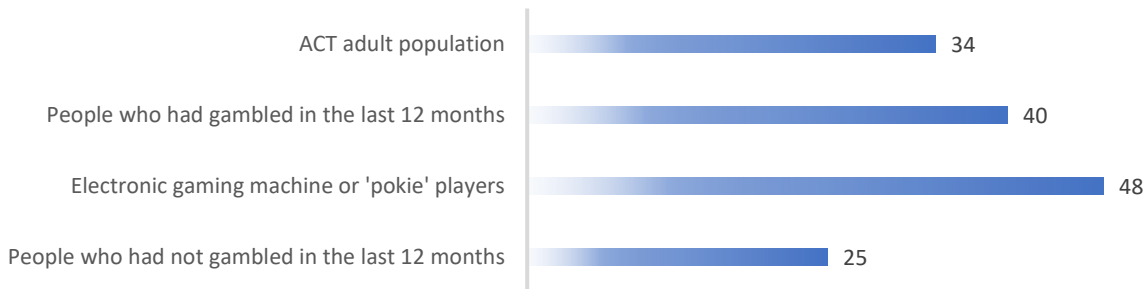
5% of the ACT adult population purchased loot boxes on the internet in the last 12 months

1% of the ACT adult population spent money on fantasy sports in the last 12 months

People experiencing problem gambling behaviours and symptoms (PGSI 1+) were three times more likely than the ACT adult population to purchase loot boxes or spend money on fantasy sports.

SELF-EXCLUSION IN THE ACT

PEOPLE WHO HAD HEARD OF THE ACT SELF-EXCLUSION PROGRAM (%)



What is Self-Exclusion?

Self-exclusion is where a person chooses to exclude themselves from gambling at as many licensed venues in the ACT as they believe they need.

Licensed gambling venues in the ACT include:

- clubs and taverns with electronic gaming machines;
- all TABcorp facilities including branches, agencies, telephone, on course and online gambling facilities; and
- Casino Canberra.

For help with self-exclusion, a person can contact a gambling venue, the ACT Gambling Counselling and Support Service or the ACT Gambling and Racing Commission. They can also get a self-exclusion deed and lodge it directly with the Commission.

Support for family and friends

If someone believes a family member or friend is being harmed by gambling, they can talk with the Gambling Contact Officer (GCO) at a venue where that person gambles. A concerned family member or friend can also contact gambling help services for help with their own situation, including financial counselling, even if the person gambling is not yet ready to seek help.

If you would like more information about Self-Exclusion in the ACT, you can contact the ACT Gambling and Racing Commission on 6207 0359 or email exclusionsupport@act.gov.au, or one of the services listed below.

www.gamblingandracing.act.gov.au/gambling-help/exclusion-support